

VAGINAL / CERVICAL / URETHRAL and VAGINO-RECTAL PREGNANCY SWAB (FOR 35th–38th WEEK PREGNANCIES)

Instructions on preparing for the sampling

PROCEDURE	<p>Important information for the preparation to be carried out at home before the urine collection:</p> <ul style="list-style-type: none"> • You must not be on antibiotic treatment, or you must have suspended the treatment for at least 7 days. • Abstain from sexual intercourse in the 3 days before the test. • Do not introduce into the vagina any type of medication (vaginal suppositories, pessaries, creams, etc.). • Refrain from any internal vaginal douching. • Do not apply haemorrhoid medications. • The test must be performed on days away from the menstrual flow (at least 3-4 days before commencing or after ending it). • Wash the genital area thoroughly and repeatedly with water and soap. • Rinse with running water and wipe yourself with disposable paper.
	<p>WHEN THE URETHRAL SWAB, TOO, IS REQUIRED, DO NOT URINATE FOR AT LEAST 2 HOURS BEFORE THE APPOINTMENT TIME</p>
	<p>Normally, the search for sexually transmitted pathogens (<i>Chlamydia</i>, <i>Mycoplasmas</i>, <i>Trichomonas</i>, etc.) is carried out on a cervical/vaginal swab. If searching for these pathogens is requested on <u>urine</u>, make sure to collect the first urination (FIRST STREAM) of the morning and in any event, the urine kept in the bladder for at least 4 hours.</p> <p>If the urine culture test is also requested at the same time, collect the SECOND STREAM of urine.</p>

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