


SPERM CULTURE

Instructions for sample collection

<p>CONTAINER</p>	<p><u>Sterile</u> plastic container with screw cap.</p> 
<p>PROCEDURE</p>	<p>If the urine culture test is requested at the same time, the urine sample must be collected before the seminal fluid. No abstinence from sexual intercourse is necessary. Any antibiotic therapy must be discontinued at least 7 days before undergoing the test.</p> <p>NB: If the urethral swab is requested at the same time, it must preferably be carried out on a day other than that of collection of the seminal fluid and/or urine sample. If this is not possible, at least two hours must elapse between the urethral swab and collection of the seminal fluid and/or urine.</p> <p>Collection of seminal fluid:</p> <ul style="list-style-type: none"> • Perform the collection early in the morning • Clean the genitals thoroughly by retracting the skin of the glans and rinse abundantly with running water • Urinate to remove the saprophytic flora (microorganisms normally present) from the urethral canal. If the midstream urine sample has already been collected (second stream of urine) for urine culture, ignore this passage • Proceed with sperm collection by masturbation • Collect the seminal fluid directly in the sterile container • Close the cap by screwing it carefully
<p>STORAGE</p>	<p>Deliver the semen sample (and if need be the urine culture one as well) within 1 hour of collection; if this is not possible, store the sample in the refrigerator at 4°C until delivery.</p>

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