



## URINE CULTURE

### Instructions for sample collection

<b>CONTAINER</b>	<p><b>Sterile</b> plastic container with tube holder as shown in the figure:</p> 
<b>PROCEDURE</b>	<p>The sample must be collected on <b>the morning</b> of the day when the sample is delivered, by collecting the urine at least 2 hours after the last urination. <b>Any antibiotic therapy must have been concluded at least 7 days before undergoing the test.</b></p> <ul style="list-style-type: none"> <li>Wash the external genitalia thoroughly with water and soap (for women, keep the labia majora apart during urination; for men, retract the skin of the glans completely) and wipe accurately <u>with disposable paper</u>.</li> <li>Open the sterile recipient, taking care to place on a clean surface the lid facing upwards and without touching the inside part of the container and the lid.</li> <li><b>Discard the first stream of urine and collect the intermediate stream (second stream of urine) in the jar.</b></li> <li><u>If the test tube is available</u>, remove the sticker from the jar (Photo 1) and insert the test tube with the yellow cap facing downwards, pressing firmly (Photo 2). The urine will automatically flow into the tube; wait for the test tube to fill up. Remove the tube and shake delicately (Photo 3). Place the tube in the envelope for delivery to the Blood and Urine Test Centre (Photo 4).</li> </ul>  <ul style="list-style-type: none"> <li><u>If the test tube is not available</u>, close the container carefully, without touching the lid internally, and place it in a transport bag.</li> </ul>
<b>STORAGE</b>	<p>Deliver the container/test tube hours to the Blood and Urine Test Centre in accordance with the opening hours, within 2 hours of collection.</p>
<b>REMARKS</b>	<p>Follow the procedure described. <b>NB:</b> Some exceptions may be allowed upon indication of the prescribing doctor.</p>

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