



SEARCH FOR MYCOBACTERIA (3 SAMPLES) ON EXPECTORATE/URINE

Instructions for sample collection

CONTAINER	<p>Sterile plastic container with wide or narrow mouth screw cap.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;"> <p>EXPECTORATE CONTAINERS</p>  </div> <div style="text-align: center;"> <p>URINE CONTAINERS</p>  </div> </div>
PROCEDURE	<ul style="list-style-type: none"> Any antibiotic therapy must have been concluded at least 7 days before undergoing the test. <p>EXPECTORATE COLLECTION:</p> <ul style="list-style-type: none"> Collect the first morning sample, as it is the one most representative of the lung secretions accumulated during the night. Perform good oral hygiene, rinsing with water without using any toothpaste or mouthwash. With a deep cough, expectorate directly into the holding it against the lower lip. Close the container tightly by screwing the cap. Avoid introducing salivary material or nasal secretions into the collection container, and repeat the procedure from the start otherwise. Collect, as per the aforementioned procedure, 3 expectorate samples <u>on different days</u> (3 consecutive days). <p>URINE COLLECTION:</p> <ul style="list-style-type: none"> Collect the first morning sample of urine for 3 consecutive days. The volume of urine in each container <u>must not be less than 50 ml</u>. Do not collect more than one sample on the same day.
STORAGE	<p>Deliver the container to the Blood and Urine Test Centre in accordance with the opening hours. Each sample should preferably be delivered on the same day as its collection (within 2 hours of collection). If daily delivery is not possible, store in the refrigerator at 4°C for no more than 72 hours.</p>

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